



Your doctor has chosen Solventum™  
Prevena™ Therapy for management  
of your surgical incision or wound

Patient discharge kit

# Healing continues at home



# Managing your wound or surgical incision is important to your recovery

Your healthcare professional has given you the Solventum™ Prevena™ Negative Pressure Wound Therapy (NPWT) System to help in your healing process. This state-of-the-art system includes the Solventum™ Prevena Plus™ 125 Therapy Unit that uses Solventum™ SensaT.R.A.C.™ Technology to deliver controlled negative pressure to your wound or incision.

The system also includes a dressing specific to the treatment plan for either your surgical incision or wound. Solventum™ Prevena™ Dressings and Solventum™ Prevena Restor™ Dressings are placed over your closed incision. Solventum™ V.A.C.® Dressings are for open wound management.

Together these therapies help create an environment that promotes the healing process. These therapies assist in your recovery and help enhance protection as it progresses. Taking proper care of your wound or incision is a key step that can impact both your recovery time and your quality of life.

This brochure contains information pertaining to the Prevena Negative Pressure Wound Therapy System and how it aids in your recovery.

## Your Solventum single-use disposable NPWT device

### Solventum™ Prevena™ 125 Therapy Unit

7-Day

#### Compatible with:

- ✓ Prevena Dressings (Incisions)

13cm and 20cm dressings only



Designed for management of closed incisions only

Pre-set, continuous NPWT at -125mmHg for up to 7-Days

Single use battery

45 ml canister for fluid management

### Solventum™ Prevena Plus™ 125 Therapy Unit

7 and 14-Day

#### Compatible with:

- ✓ Prevena and Prevena Restor Dressings (Incisions)
- ✓ V.A.C. Dressings (Open Wounds)



Designed for management of open wounds or closed incisions

Pre-set, continuous NPWT at -125mmHg for up to 7 or 14-Days

Rechargeable battery

150 ml canister for fluid management

# Your incision healing starts here

## Protection for your incision and surgical site

Unlike surgical postoperative dressings, which cover and protect the incision only, Solventum™ Prevena™ Therapy and Solventum™ Prevena Restor™ Therapy use state-of-the-art technology to help protect the surgical site to help optimize the healing environment.

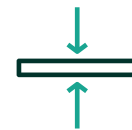
Solventum™ Prevena™ Incision Management Systems and Solventum™ Prevena Restor™ Incision Management Systems deliver negative pressure wound therapy. They provide therapy with a portable, disposable unit and dressing that manages your surgical site to help your healing journey.



Prevena Incision Management Systems and Prevena Restor Incision Management Systems manage and help protect incisions by:



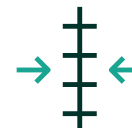
Delivering continuous -125mmHg



Helping hold incision edges together



Protecting from outside sources of infection



Decreasing tension on incision



Removing fluids and infectious materials\*

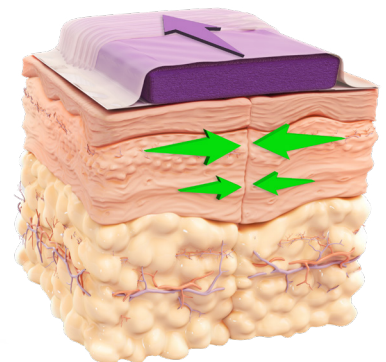


Reducing swelling

\*Into a canister away from the incision site.

Solventum™ Prevena™ Dressings and Solventum™ Prevena Restor™ Dressings are made of reticulated open-cell foam (ROCF).

Foam dressing under negative pressure therapy collapses on itself bringing incision edges together, reducing tension on the incision, and allowing for removal of fluid.



With your incision site protected, you may be able to resume many normal day-to-day activities, which can help you feel more like yourself again.

# Your incision management system

## Solventum™ Prevena™ Therapy Units

**Solventum™ Prevena™ 125 Therapy Unit**  
7-Day



**Solventum™ Prevena Plus™ 125 Therapy Unit**  
7 and 14-Day



## Solventum™ Prevena™ Dressings and Solventum™ Prevena Restor™ Dressings

Dressings come in different shapes and sizes for different surgical procedures

### Solventum™ Prevena™ Peel and Place Dressings

### Solventum™ Prevena Plus™ Customizable Dressing



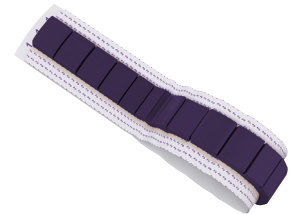
Solventum™ Prevena™ Peel and Place Dressing, 13 cm\*



Solventum™ Prevena™ Peel and Place Dressing, 20 cm\*



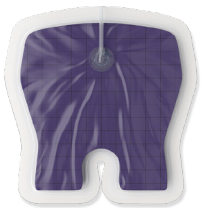
Solventum™ Prevena™ Peel and Place Dressing, 35 cm



Solventum™ Prevena Plus™ Customizable Dressing

\*The Prevena 125 Therapy Unit is designed for use with Prevena 13cm and 20cm dressings  
The Prevena Plus 125 Therapy Unit is designed for use with all Prevena dressings.

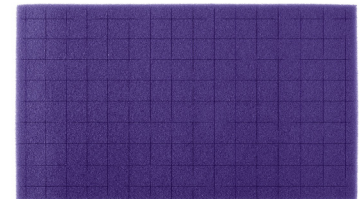
## Prevena Restor Dressings



Solventum™ Prevena Restor™ AxioForm™ Dressing



Solventum™ Prevena Restor™ BellaForm™ Dressing



Solventum™ Prevena Restor™ AdaptiForm™ Dressing

Prevena Dressings are to be applied for up to a maximum of 7 days.  
The Prevena Plus 125 Therapy Unit is designed for use with all Prevena Restor dressings.



**Important:** Do not attempt to adjust, remove or peek under the dressing while therapy is being applied. Keep your dressing on for as long as your medical professional tells you to – up to seven days. You should return to your medical professional to have it removed.

# Your open wound healing starts here

## Wound healing is a process

Proper wound care management is important to heal your wound and your doctor may prescribe Solventum™ V.A.C.® Therapy as part of your wound care treatment plan. A clinician is responsible for directing the use of your therapy, including the Solventum™ Prevena Plus™ 125 Therapy Unit and application and periodic changes of the Solventum™ V.A.C.® Dressings.

## How long will it take to heal my wound?

The length of time to heal a wound is different for every patient. Underlying health conditions have been shown to significantly affect the time it takes for a wound to heal.<sup>1,2</sup> Your clinician will discuss when and why V.A.C. Therapy may begin and end.

## What is V.A.C. Therapy?

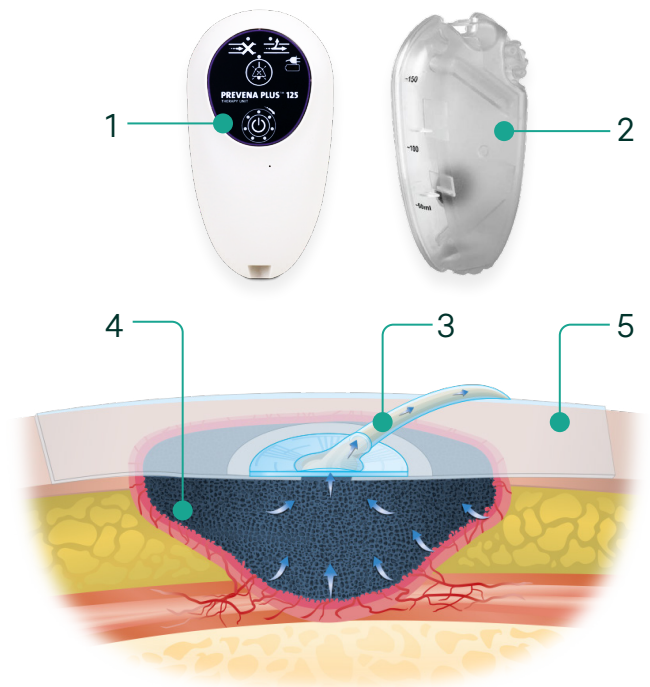
V.A.C. Therapy is a medical device system that creates an environment that promotes wound healing by delivering negative pressure (a vacuum) to the wound through a proprietary dressing and therapy unit.

Unlike gauze bandages that merely cover a wound, V.A.C. Therapy works to help the wound healing process by:

- Providing a moist wound healing environment
- Drawing wound edges together
- Removing wound fluids and infectious materials
- Promoting granulation tissue formation and perfusion
- Potentially reducing the need for daily dressing changes

**The Solventum™ V.A.C.® Therapy System is an advanced wound therapy system consisting of five parts:**

- 1 Prevena Plus 125 Therapy Unit** that delivers negative pressure
- 2 A disposable canister** that collects wound fluids and infectious materials
- 3 Sterile plastic tubing with Solventum™ SensaT.R.A.C.™ Technology** that allows the therapy unit to sense the amount of negative pressure delivered to the wound
- 4 Special foam dressings** Solventum™ V.A.C.® Granufoam™ Dressing, Solventum™ V.A.C.® Granufoam™ Silver Dressing and Solventum™ V.A.C.® White Foam™ Dressing that are placed in the wound
- 5 A clear adhesive drape** Solventum™ V.A.C.® Drape or Solventum™ Dermatac™ Drape that covers the foam dressing(s)



**Note:** Device illustration representative only.  
Your doctor may prescribe a different V.A.C. foam dressing or drape



**Important:** Do not attempt to adjust, remove or peek under the dressing while therapy is being applied. Keep your dressing on for as long as your medical professional tells you to – up to seven days. You should return to your medical professional to have it removed.

# Your wound management system

## Solventum™ Prevena™ Therapy Unit

**Solventum™ Prevena Plus™ 125 Therapy Unit**  
(7 and 14-Days)



## Solventum™ V.A.C.® Dressings and Drapes



Solventum™  
Dermatac™ Drape



Solventum™  
V.A.C.® Drape



Solventum™ V.A.C.®  
White Foam Dressing



Solventum™ V.A.C.®  
Granufoam™ Dressings  
(small and medium only)



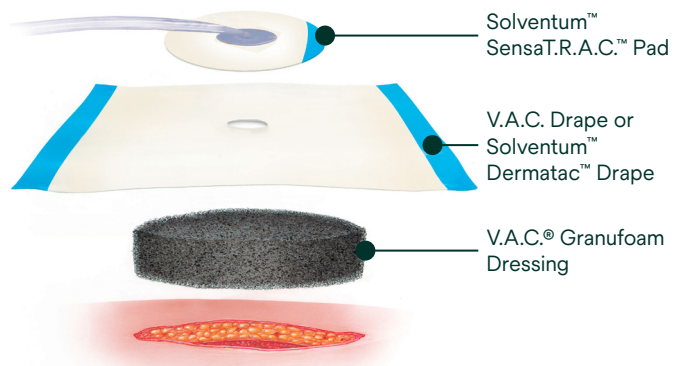
Solventum™ V.A.C.®  
Granufoam™ Silver Dressings  
(small and medium only)



Solventum™ V.A.C.®  
Simplace™ EX Dressings

### V.A.C. Dressing changes

The V.A.C. Therapy System uses proprietary foam dressings (V.A.C.® Granufoam™ Dressing\*, V.A.C.® Granufoam Silver Dressing\*, V.A.C.® White Foam Dressing and V.A.C.® Simplace EX Dressing) with the therapy unit. Only V.A.C.® Dressings are to be used with the V.A.C. Therapy Units. Wounds managed with the V.A.C. Therapy System should be monitored on a regular basis by your clinicians who are responsible for treatment.



- For a non-infected wound: V.A.C. Dressings should be changed every 48 to 72 hours, but no less than 3 times per week .
- For infected wounds: These wounds must be monitored often and very closely. Infected wounds dressing changes may need to be changed more often than 48 to 72 hours. Dressing change intervals should be based on continuing evaluation of your wound condition by your clinician.

\*Small and medium-sized V.A.C. Dressings are compatible with Prevena Plus 125 Therapy Unit.



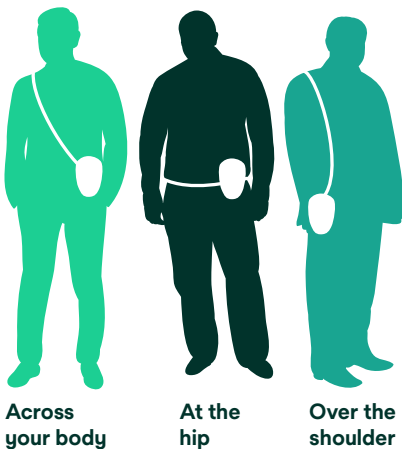
## How to use and care for your Solventum™ Prevena™ Therapy Unit

### Wearing the therapy unit

This portable unit should always be kept on for the time your doctor has instructed.

For sleeping and showering, follow the instructions listed in this brochure.

The unit can be worn under your clothing and includes a carrying case with adjustable straps, so you can use multiple ways. See graphic.

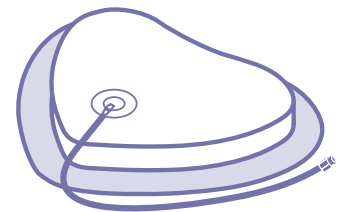
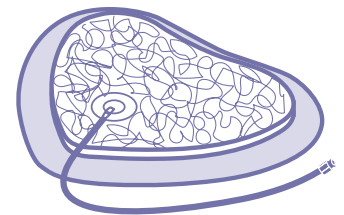


### Dressing appearance

During operation, the dressing should have a wrinkled appearance and the foam should be compressed.

The Solventum™ V.A.C.® White Foam Dressing may only have a few wrinkles.

If the foam is not compressed or there is an alert on the therapy unit, refer to the Indicators and Alert section of the patient guide you were discharged with to help resolve.



## Caring for your therapy unit



You have been provided with the Solventum™ Prevena™ 125 Therapy Unit or Solventum™ Prevena Plus™ 125 Therapy Unit. Both Prevena Therapy Units work similarly with just a few differences. **See Solventum™ Prevena™ Therapy Patient Guide for additional details at [Prevena.com/patients](http://Prevena.com/patients).**

### Prevena 125 Therapy Unit or Prevena Plus 125 Therapy Unit



**Keep the therapy unit turned on.**

The therapy unit will automatically shut off after either 7 or 14-days, as determined by your medical professional.



**Keep your therapy unit safe and dry.**

Do not drop the therapy unit or allow the tubing to become bent, twisted or pinched. You should always strive to keep the therapy unit dry, but light showering while wearing your dressing is okay if approved by your medical professional.



**You may or may not see fluid collect in the canister.**

If the canister becomes completely full, turn off the unit and contact your medical professional for instructions. Never leave a Solventum™ V.A.C.® Dressing in place without active Solventum™ V.A.C.® Therapy for more than two hours.

**For use on incisions only**

**Prevena 125 Therapy Unit**

The system comes with three AA size batteries and cannot be recharged.

It is recommended that you keep extra batteries on hand. If the batteries run out, consult your Prevena Therapy Patient Guide on how to replace the batteries.

**For use on incisions or open wounds**

**Prevena Plus 125 Therapy Unit**

The system comes with a rechargeable battery and a charger.

- When fully charged, the battery lasts around nine hours
- Bring your charger with you if you are gone for extended periods of time
- For convenience, consider charging your therapy unit battery while you are sleeping



**Sleeping with the Therapy Unit**

Place the dressing and pump in a position where the tubing will not become bent, twisted or pinched. Keep the therapy unit near your body so it doesn't fall off a table or bed onto the floor.



**Showering with the Therapy Unit**

If your medical professional agrees, light showering is usually fine. However, do not take a bath with the system.

**Therapy Unit**

- Before showering, turn off the therapy unit by holding down the On/Off button for three seconds
- Once therapy stops, disconnect the unit from the dressing and store it in a safe place away from any water

**Dressing**

- A little water or shower soap won't affect the dressing—it's okay to rinse lightly
- When towel drying, don't disturb or damage the dressing



**Warning:** If the therapy unit falls into the tub, shower or sink, unplug the unit immediately (if plugged into an electrical source) and disconnect the unit from the dressing. Then contact your medical professional or caregiver.

# Basic operations and indicators

## Solventum™ Prevena Plus™ 125 Therapy Unit

### For use on incisions or open wounds

#### Alert mute button

Press and hold center of the alert mute button for three seconds during an alert condition to silence the audible alert for two minutes. When pressed, the alert mute button will illuminate to indicate mute has been selected. The alert will reoccur after two minutes unless the alert condition has been corrected.

#### On/Off button

To turn the unit on or off, press and hold the On/Off button for three seconds. You should turn the unit off only when you're ready to shower. Refer to showering instructions on Page 7. Never leave a Solventum™ V.A.C.® Dressing in place without active Solventum™ V.A.C.® Therapy for more than two hours.



**Blockage alert**

**Leak alert**

**Power connected**  
See details below.

**Battery level**  
See details below.

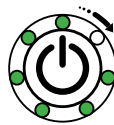
**Device lifespan**

**Therapy life indicator**  
See details below.

#### Therapy life indicator

The therapy unit has a fixed lifespan.

Caution: This lifespan will start after the unit has run for one hour, non-stop. The lifespan will continue to count down even if the unit is turned off. The LEDs around the On/Off button show how many days are left in the lifespan.



6 days left



3 days left



1 day left



8 hours left



Therapy ended.  
Therapy will shut off.

#### Battery level indicator



Full charge



Medium charge



Low charge

#### Power connected indicator

When the therapy unit is plugged into a power source, the Power Connected icon turns yellow, indicating the power is connected, and the system is charging. The icon turns green when fully charged.



Power connected



Fully charged


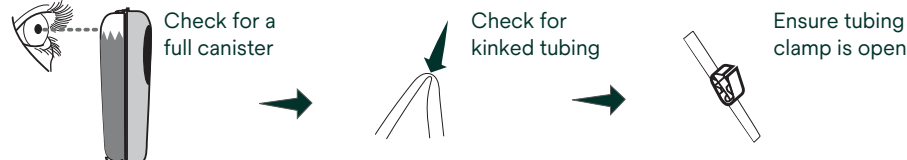

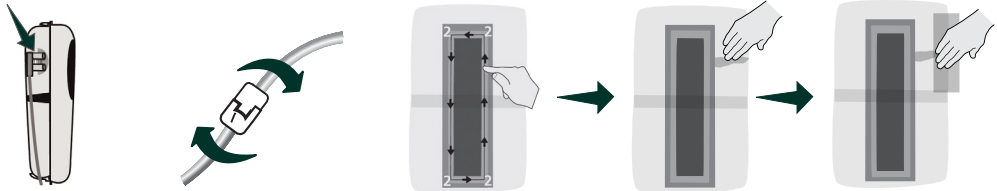

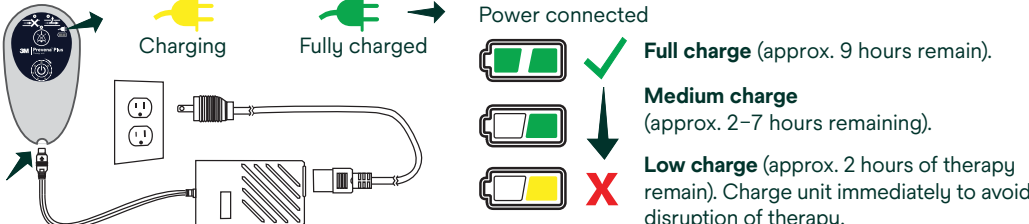





# Indicators and alerts

## Solventum™ Prevena Plus™ 125 Therapy Unit



For use on incisions or open wounds

This is a quick guide, further details are in the Solventum™ Prevena™ Therapy Patient Guide.

Alert type	How to fix
<p><b>Blockage alert</b></p>  <p>Audible blockage alert will sound two beeps repeating every 15 seconds</p>	 <p>Check for a full canister</p> <p>Check for kinked tubing</p> <p>Ensure tubing clamp is open</p>
<p><b>Leak alert</b></p>  <p>Leak Alert will sound two beeps repeating every 15 seconds</p>	 <p>Ensure canister is security locked onto the therapy unit. When canister is installed, a distinct click will be heard.</p> <p>Check tubing connectors to ensure they are fully engaged and locked.</p> <p>Press down through drape on to the adhesive seal all the way around to ensure seal.</p> <p>Use fingers to smooth out any creases or wrinkles.</p> <p>Use Solventum™ Prevena™ Patch Strips* or excess drape along the outer edge of drape to seal leaks.</p>
<p><b>Low battery alert</b></p>  <p>Alert will sound two beeps repeating every 4 minutes</p>	 <p>Charging</p> <p>Fully charged</p> <p>Power connected</p> <p>Full charge (approx. 9 hours remain).</p> <p>Medium charge (approx. 2-7 hours remaining).</p> <p>Low charge (approx. 2 hours of therapy remain). Charge unit immediately to avoid disruption of therapy.</p>
<p><b>System fault alert</b></p>  <p>All LEDs flashing and two beeps every 15 seconds</p>	<p>Turn therapy unit off then on.</p>  <p>Off</p> <p>On</p> <p>Continue therapy</p> <p>Call 1-800-275-4524</p>
<p><b>Alert mute button</b></p> 	<p>Press and hold center of the alert mute button for three seconds during an alert condition to silence the audible alert for two minutes. When pressed, the alert mute button will illuminate to indicate mute has been selected. The alert will re-occur after two minutes unless the alert condition has been corrected.</p>
<p><b>Therapy ended</b></p>  <p>Therapy ended. Therapy will shut off.</p>	<p>Note: When therapy begins, all seven green LEDs are illuminated. During the last six days of therapy, after each 24-hour period, an indicator will turn off. A solid yellow LED at the top of the Therapy Life Indicator will turn on.</p>  <ul style="list-style-type: none"> <li>The therapy unit will sound eight beeps, followed by a continuous beep for five seconds, then the therapy unit will turn off</li> <li>Notify the treating physician or caregiver: If the therapy unit has completed the seven-day therapy and has timed out, and an attempt is made to turn the therapy on, the therapy unit will sound an alert for three seconds then shut off</li> </ul>

\*Only included with Solventum™ Prevena™ Dressings and Solventum™ Prevena Restor™ Dressings

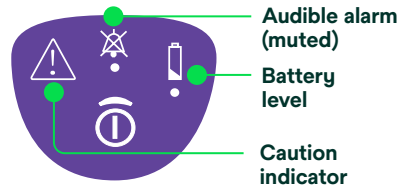
# Indicators and alerts

## Solventum™ Prevena™ 125 Therapy Unit



### For use on incisions only

This is a quick guide, further details are in the Solventum™ Prevena™ Therapy Patient Guide.



Alert type		How to fix
<p><b>Leak alert</b></p> <p>One beep, one solid yellow light.</p>		<p>To ensure proper application of the Solventum™ Prevena™ Incision Dressing, the Prevena 125 Therapy Unit provides the Visicheck feature. Double press ON/OFF button:                      One light = Best    Two lights = Good    Three lights = Marginal</p> <p>If the Visicheck feature indicates a “Marginal” leak rate condition, follow these steps:</p> <ol style="list-style-type: none"> <li>1. Ensure canister is locked into the unit</li> <li>2. Check the tubing connectors to make sure they are fully engaged and locked</li> <li>3. Use finger to smooth out any creases in the adhesive</li> <li>4. Use Solventum™ Prevena™ Patch Strips (located in the dressing package) to help seal leaks</li> <li>5. Slowly press firmly around dressing edges</li> </ol>
<p><b>Canister full alert</b></p> <p>Two beeps, one solid yellow light.</p>		<p>Check fluid level in the canister.</p> <ol style="list-style-type: none"> <li>1. If the canister is <b>not full</b> check for kinks or pinched tubing</li> <li>2. If the canister is <b>full</b> then turn the unit off</li> <li>3. Call 1-800-275-4524</li> </ol>
<p><b>Low battery alert</b></p> <p><b>Low:</b> One slow beep, one solid yellow light.</p> <p><b>Critical:</b> One beep, repeating rapidly, increasing volume, two solid yellow lights.</p>		<p>This therapy unit comes with three AA batteries. To replace batteries:</p> <ol style="list-style-type: none"> <li>1. Hold five second to turn off</li> <li>2. Press and push the panel on the back of the unit to open</li> <li>3. Insert three AA batteries (lithium batteries recommended)</li> <li>4. Press and push to close panel</li> <li>5. Hold two seconds to turn on</li> </ol>
<p><b>System error alert</b></p> <p>One beep, repeating rapidly, increasing in volume, two solid yellow lights.</p>		<ol style="list-style-type: none"> <li>1. Hold for five seconds to turn off</li> <li>2. Hold two seconds to turn back on</li> <li>3. If the therapy is still not running call 1-800-275-4524</li> </ol>
<p><b>Device lifecycle expired</b></p> <p>Three lights show life cycle is up. There will be a repeated beep for 15 seconds and then the unit will shut off.</p>		<p><b>Call 1-800-275-4524</b></p> <p><b>Life cycle = 192 hours (eight days)</b></p>

# Need help with your Solventum™ Prevena™ Therapy Unit

Scan the QR code that matches your therapy unit to

- Learn how it works
- Find everyday tips for wearing and caring for your system
- See how to troubleshoot the alerts on your unit

For use on incisions only

## Prevena 125 Therapy Unit



For use on incisions or open wounds

## Prevena Plus 125 Therapy Unit



## Additional resources for Solventum™ Prevena™ Dressings and Solventum™ Prevena Restor™ Dressings

In these resources, you'll learn about the Solventum™ Prevena™ Incision Management System, how it works, everyday tips for wearing and caring for your system and how to read and troubleshoot the alerts on your unit.



**Prevena Therapy for Patients Webpage**  
[Prevena.com/patients](http://Prevena.com/patients)



**Prevena Therapy Patient Video**  
[go.solventum.com/prevenapatientvideo](http://go.solventum.com/prevenapatientvideo)

Scan code with your phone camera to see how the Prevena Incision Management System works.

**Step 1:** Point the camera at the QR Code above

**Step 2:** Click on the notification link

Solventum™ Prevena™ Therapy System Specialists are here to support you. Call **1-800-275-4524, option 3** with questions or to speak to a therapy specialist trained on your Prevena Therapy System.

For more information, visit **[Prevena.com/patients](http://Prevena.com/patients)** for a copy of the Solventum™ Prevena™ Therapy Patient Guide. The patient guide has more complete safety information and details on how to use your Prevena Therapy.

Contact your doctor with any medical questions.  
In the case of an emergency, call 911.

# Discharge with confidence

## For clinician use

Physician name: \_\_\_\_\_ Date of dressing placement: \_\_\_\_\_

Facility placed: \_\_\_\_\_ Date dressing to be removed: \_\_\_\_\_

Surgeon approved patient to shower?  Yes  No Dressing removed by: \_\_\_\_\_

Your care team is committed to sending you home with everything you need. Now it's time to make sure you have the right supplies.

You will be discharged with a Solventum™ Prevena™ 125 Therapy Unit or a Solventum™ Prevena Plus™ 125 Therapy Unit. Check to make sure you know your pump.

### For use on incisions only

- Prevena 125 Therapy Unit**  
Lot number of pump: \_\_\_\_\_
- Solventum™ Prevena™ Dressings**
- Solventum™ Prevena Restor™ Dressings**
- Solventum™ Prevena™ Canisters, 45 mL**  
(as prescribed by your surgeon)
- Carrying case with adjustable strap**
- Three AA batteries**  
(in device, power to confirm)
- Solventum™ Prevena™ Therapy Patient Guide**

or

### For use on incisions or open wounds

- Prevena Plus 125 Therapy Unit**  
Lot number of pump: \_\_\_\_\_
- Solventum™ V.A.C.® Drapes**
- Solventum™ V.A.C.® Dressings**
- Solventum™ Prevena Plus™ Canisters, 150 mL**  
(as prescribed by your surgeon)
- Carrying case with adjustable strap**
- Battery charger**  
Prevena Plus 125 Therapy Unit has a rechargeable battery
- Prevena Therapy Patient Guide**



**Place all your Solventum™ Prevena™ Therapy contents in this bag.**

Don't forget the carrying case and extra canisters, if they were prescribed by your surgeon.



# Your role in your healing process

## Key points to remember

Keep your dressing on for as long as your medical professional instructs you to. **Do not try to adjust or remove your dressing.** Only your medical professional should remove the Solventum™ Prevena™ Therapy System.

Keep the therapy unit turned on. The therapy unit will automatically shut off after either 7 or 14 days, as determined by your medical professional.

Contact your medical professional if you have any questions or concerns about your surgery or recovery issues.



## Questions or concerns?

If you have questions or concerns about the operation of the system:

- Call **Solventum at 1-800-275-4524, option 3** to speak to a Solventum representative
- Visit **Prevena.com/patients**

If you have questions about your incision or other medical issues, notify your medical provider.



## Important information

**Patients:** It is important that you discuss any potential benefits and risks of a specific therapy with your doctor to decide whether it is right for you. Please consult your treating medical professional regarding specific questions and important information related to your Prevena Therapy indications, limitations, contraindications, warnings, precautions and operation. Rx only.

**Note:** Specific indications, limitations, contraindications, warnings, precautions and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. Rx only.

### References:

1. Wilkes RP, Kikpad DV, Zhao Y, Kazala R, McNulty A. Closed Incision management with negative pressure wound therapy (CIM): biomechanics. *Surg Innov.* 2012;19(1):67-75.
2. Payne J. Evaluation of the resistance of the Prevena incision dressing top film to viral penetration. San Antonio, TX: Kinetic Concepts, Inc.; 2009. Report No.: 0000021109.
3. Kilpadi DV, Cunningham MR. Evaluation of closed incision management with negative pressure wound therapy(CIM): hematoma/seroma and involvement of the lymphatic system. *Wound Repair Regen.* 2011;19(5):588-596. doi:10.1111/j.1524-475X.2011.00714.x.
4. Glaser DA, Farnsworth CL, Varley ES, Nunn TA, Sayad-Shah M, Breisch EA, Yaszay B. Negative pressure therapy for closed spine incisions: a pilot study. *Wounds.* 2012;24(11):308-316.



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