



# Faster. Easier. Better.

Your orthodontist is using innovative technology to save you time and give you a better experience.



# Smile, we're making braces easier

In the past, orthodontists had to place adhesive on the back of each individual brace by hand and then carefully clean off the excess — making the bonding process longer for both you and your doctor.

Now, your orthodontist uses braces pre-coated with APC™ Flash-Free Adhesive, making for a quicker, cleaner, and more comfortable bonding experience.



Individually packaged APC Flash-Free adhesive pre-coated bracket

## Wait, what's APC Flash-Free adhesive?

Instead of having to clear away excess adhesive—also known as “flash”—APC Flash-Free adhesive pre-coated braces come individually packaged with the adhesive already applied. This innovative technology saves you and your orthodontist time, bringing efficiency to your bonding day.



### Better technology

APC Flash-Free adhesive is made with advanced technology to help your braces work their best. It's designed to make the bonding process smoother and more comfortable—so you can feel confident you're getting top-quality care from the very start.



### Keep it clean

Cleaning around braces can be tricky. Leftover adhesive may trap bacteria, while over-cleaning can lead to plaque buildup. Braces with APC Flash-Free adhesive offer a smooth, clean base to help keep your smile healthier from the start.



### Stays put with fewer failures

If one of your braces comes loose, it usually results in an unexpected trip to the orthodontist and delays in your treatment. Traditional braces are more likely to have this kind of problem. With APC Flash-Free adhesive, your braces are pre-coated for a stronger, more reliable bond so you can worry less and stay on track.



### It's about time

Because there's no extra adhesive to clean off, APC Flash-Free adhesive pre-coated braces can make your bonding appointment up to 40% faster giving you more time to get back to your day.



### Simply a great choice

You can feel confident knowing your orthodontist is using one of the most advanced systems to keep your braces secure. APC Flash-Free adhesive makes getting braces quicker and easier so you spend less time in the chair and more time smiling.



# Frequently asked questions<sup>1,2</sup>

## Q: Do I need to change my oral hygiene routine during treatment?

A: Yes, keeping your teeth and braces (or other appliances) clean requires a little more effort on your part. Your orthodontist will explain how to brush and floss, how often to brush and floss, and give you special instructions based on the kind of orthodontic treatment you are having. Be sure to follow your orthodontist's dental hygiene recommendations to get the best results possible. Check with your orthodontist about dental products and tools that might be helpful.

In general, patients with braces must be careful to avoid hard, sticky, chewy and crunchy foods. They should also avoid chewing on hard objects like pens, pencils and fingernails. And never chew ice. It's much too hard on your teeth—even without braces.

Also be sure to see your family dentist for a professional cleaning and check-up at least every six months during your orthodontic treatment, or more often, if recommended.

## Q: How often should I brush?

A: Your orthodontist will give specific instructions, but in general, you should brush for two minutes after every meal or snack, and before bed. Carry a travel toothbrush and small tube of toothpaste with you so you can brush when you're away from home. Bring along floss and an interproximal brush, too. If you're in a pinch and absolutely are not in a position to brush after eating or drinking, at the very least, rinse with plain water. It can help you get rid of some food particles or traces of beverages.

## Q: What kind of toothpaste should I use?

A: Fluoride toothpaste, preferably without whitening agents, is recommended and approved by the American Dental Association.

## Q: How often should I floss?

A: A minimum of once a day.

## Q: Why is all this brushing and flossing necessary?

A: Brushing and flossing keep teeth and gums clean by removing plaque and food debris. When plaque and trapped food are left on the teeth and around braces, the outcome can be cavities, swollen gums, bad breath and white marks on the teeth. Maintaining good oral hygiene helps to minimize your time in treatment and contributes to a healthy result.



**Solventum Dental Solutions**

1-800-423-4588  
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1. American Association of Orthodontists. Life During Treatment. Retrieved from <https://www.aaoinfo.org/blog/parent-s-guide-post/life-during-orthodontic-treatment/>

2. American Association of Orthodontists. Frequently Asked Questions. Retrieved from [https://www.aainfo.org/\\_/frequently-asked-questions/](https://www.aainfo.org/_/frequently-asked-questions/)

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