Skin and Nasal Antiseptic

(Povidone-Iodine Solution 5% w/w [0.5% available iodine] USP) Patient Preoperative Skin Preparation

Application instructions

Hand hygiene should be performed both prior to application of product and after application is complete.

Directions

- Open package and remove bottle and swabs
- Unscrew cap by turning cap counter-clockwise

Nasal Application







1. Use a tissue to clean the inside of both nostrils including the inside tip of nostril. Discard.
2. Tilting the bottle slightly, dip one swab into solution and stir vigorously for 10 seconds. Withdraw the swab slowly to avoid wiping solution off during removal.
3. Insert swab comfortably into one nostril and rotate for 15 seconds covering all surfaces. Then focus on the inside tip of nostril and rotate for an additional 15 seconds. (swab 1)
4. Using a new swab: repeat steps 2 and 3 with the ther nostril. (swab 2)
5. Repeat the application in both nostrils using a fresh swab each time. (swabs 3 and 4)
6. Do not blow nose. If solution drips out of nose, it can be lightly dabbed with a tissue.

Skin Application Instructions

Directions:

- Open package and remove bottle and swabs
- Unscrew cap by turning cap counter-clockwise

Application:

1. Apply to clean dry skin.
2. Dip one swab into solution and stir vigorously for 10 seconds. Withdraw the swab slowly to avoid wiping solution off during removal.
3. Scrub prep site for 2 minutes working from clean to dirty using both sides of the swab.
4. Repeat steps 2 and 3 using second swab.
5. Allow prep solution to dry. Do not blot.

References

1. Kuehnert MJ, Kruszon-Moran D, Hill HA, et al. Prevalence of Staphylococcus aureus nasal colonization in the United States, 2001–2002.J Infect Dis 2006;193: 172-179.
2. Wertheim, HFL, Vos MC, Ott A, et al. Risk and Outcome of Nosocomial Staphylococcus aureus Bacteraemia in Nasal Carriers versus Non-carriers. The Lancet 2004;364: 703–705.
3. 3M Study-05-011100.
4. 3M Study-05-011017.
5. 3M Study-05-011322.

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Patient information



3M™ Skin and Nasal Antiseptic

(Povidone-Iodine Solution 5% w/w [0.5% available iodine] USP) Patient preoperative skin preparation

Why am I using this product in my nose when my surgery is in another location?

30% of people carry bacteria in their nose called Staphylococcus aureus, often referred to as “Staph” or “Staph aureus.”[1] People who carry Staph aureus in their nose are at higher risk of developing infections from this bacteria.[2]

That is why your healthcare provider is choosing to have you apply Skin and Nasal Antiseptic (Povidone-Iodine Solution 5% w/w [0.5% available iodine] USP) Patient Preoperative Skin Preparation to your nose before surgery. Applying the antiseptic one hour before surgery reduces the bacteria in the nose[3] and may reduce the risk of infection after surgery.

What can I expect when I apply the product?

When applying the iodine-based antiseptic, you may notice a slight smell or taste during the application. This does not generally last long. In clinical studies, 96% of people using the product as a nasal prep rated the overall acceptability of Skin and Nasal Antiseptic as acceptable or very acceptable.[3, 4]

The applicator swab is designed to fit comfortably in the nose and the thickened formula helps make the application easy. Should a small amount drip out of the nose during application, it can be easily wiped away with a tissue and will not stain the skin. In order to work, the antiseptic must remain in contact with the nasal tissue. Do not blow your nose or wipe inside the nostrils.

How is the product applied?

Your healthcare provider will assist you with applying the product. For application instructions, see reverse side.

What happens to the prep after surgery?

Our nose is designed to clean and clear nasal passageways. The prep should be left in the nose until it is cleared away naturally. If you need to blow or wipe your nose, you may notice some of the brown iodine on your tissue and this is fine.

What if I am allergic to iodine?

True allergy to iodine does not exist. Do not use if you have a known sensitivity to iodine or any other ingredient in this product. Talk to your healthcare provider about all of your allergies.

If you have additional questions, please ask your healthcare provider.



Effective
Reduces bacteria in the nares[3]

Fast acting
Effective in as little as 1 hour[3]

Persistent
Maintains this bacterial reduction for at least 12 hours[3]

Safe
Active ingredient is an antiseptic, and has not been shown to lead to resistance[3]

Assurance
Is easy to apply and gives your caregivers the assurance that bacteria in the nose has been reduced

See application instructions on reverse side.