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Tips for success: Using 3M™ Filtek™ One Bulk Fill Restorative

To help you build a successful practice, we've compiled a series of tips for posterior restorations that we've found to be successful. Based on our insight into dental composite technology, these tips are designed to help you create more aesthetic – and more efficient – restorations.

3M™ Filtek™ One Bulk Fill Restorative

This next-generation composite marks a breakthrough in bulk fill technology. It offers improved opacity without sacrificing depth of cure – so you can achieve better aesthetics in your posterior restorations. Plus, it features the same simple one-step placement as our original bulk fill posterior restorative, making it fast and easy to use.



Nine ways to bring out the best in your restorations using 3M™ Filtek™ One Bulk Fill Restorative

1. **Use the capsule.** For the best adaptation and true one-step placement, use 3M™ Filtek™ One Bulk Fill Restorative in its capsule form.

2. **Keep the tip submerged.** When dispensing from the capsule, keep the tip submerged in the restorative material. The tip is designed for shear thinning, meaning the material's viscosity temporarily decreases. This makes it act like a flowable material, with excellent adaptation to the cavity walls when placed in a single increment.

3. **Understand depth of cure.** Start by measuring the depth of the prep to make sure you don't exceed the limitations of the material. Filtek One Bulk Fill Restorative can achieve uniform cure up to 4 mm (Class I) or 5 mm (Class II) in depth. If your prep is deeper than this, place the restorative in increments to ensure optimum cure.

4. **Skip the capping layer.** Filtek One Bulk Fill Restorative is strong and wear-resistant, and does not require a capping layer – so you can be confident in taking the material all the way to occlusion with no restrictions.

5. **Check the indications.** Filtek One Bulk Fill Restorative can be used beyond the posterior. In addition to Class I and Class II restorations, Filtek One Bulk Fill Restorative is indicated for core build-ups and anterior restorations.

6. **Keep an eye on aesthetics.** For large posterior restorations and restorations with underlying stains, if a material is too translucent, it may appear grayish or allow underlying stains to show through. In these situations, a bulk fill material with higher opacity, like Filtek One Bulk Fill Restorative, is beneficial to provide better aesthetics.

7. **Use it for fidgety patients.** Because Filtek One Bulk Fill Restorative facilitates fast and easy placement, it can make your job easier for pediatric restorative work – and for other patients who have a hard time sitting still.

8. **Know the performance of your curing light.** A proper curing light is key. When you use Filtek One Bulk Fill Restorative together with 3M™ Elipar™ DeepCure-S LED Curing Light, you can be confident in a deep, uniform cure – all the way to the bottom of the cavity.

9. **Pick the right polishing system.** For a fast and natural-looking final restoration, use 3M™ Sof-Lex™ Diamond Polishing System. It imparts a paste-like gloss in the convenience of a rubberised system and easily adapts to irregular, convex and concave tooth surfaces.

Learn more at: Solventum.com

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Please always refer to the product Instructions For Use.

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