

3M™ Tegaderm™ High Performance Foam Adhesive Dressing

Application and Removal Instructions

PRIOR TO APPLICATION

Follow Universal Precautions and facility guidelines for infection control. Wash or sanitise hands, set up a clean field with supplies, apply gloves.

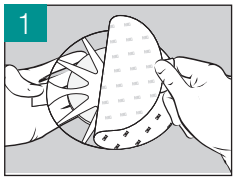
CLEANSE THE WOUND

1. Cleanse wound and periwound skin according to your institution's protocol. Dry the area around the wound with dry gauze. Note: Do not use the dressing in combination with oxidising agents such as hydrogen peroxide or hypochlorite solution. These solutions may affect the structure and performance of the polyurethane foam.

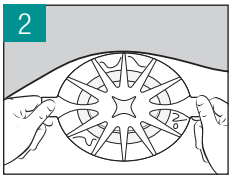
ASSESS THE WOUND

2. Observe the wound for signs of infection. If infection occurs, see a health care professional. Tegaderm™ foam dressing may be used on infected wounds only under the care of a health care professional. Remove soiled gloves and wash or sanitise hands. Apply clean gloves. Note: If periwound skin is fragile or exposure to wound exudate is likely, apply a barrier film, such as 3M™ Cavilon™ No Sting Barrier Film. Let dry.

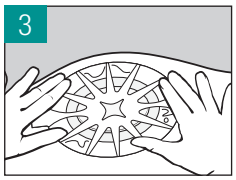
DRESSING APPLICATION



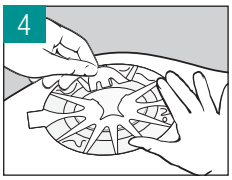
Hold the dressing by one of the side tabs and remove the printed liner to expose the adhesive border.



While holding the tabs, position the dressing over the wound and apply.

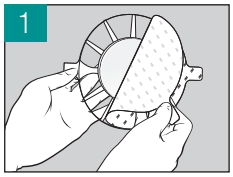


Gently press the adhesive film border to the skin. Note: Avoid stretching the dressing or the skin during application.

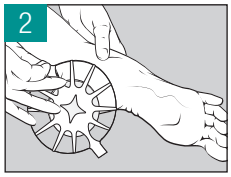


Beginning at the centre of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing while gently pressing down the film border. Repeat this for each of the remaining carrier sections until all paper carrier is removed.

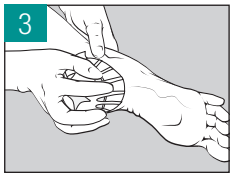
HEEL/ELBOW/CONTOUR DRESSING APPLICATION (3M Code 90619)



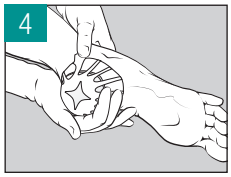
Hold the dressing by one of the side tabs and remove the printed liner, exposing the adhesive border.



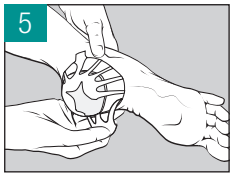
While stabilising the leg or surrounding skin with one hand, position the dressing over the wound.



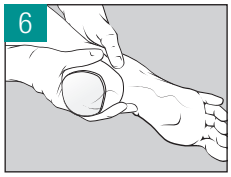
With one hand, press or "cup" the dressing onto the skin.



Continue to press and conform the dressing and adhesive border onto the skin.

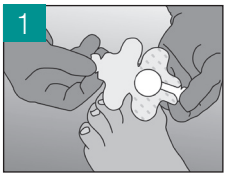


Beginning at the centre of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing. Repeat this for each of the remaining carrier sections until all paper carrier is removed.

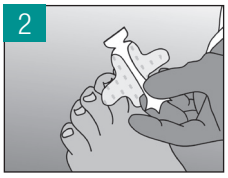


Firmly press and conform the adhesive border to the skin.

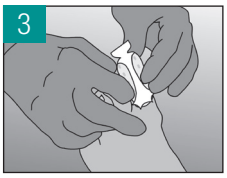
CUSTOM APPLICATION USING MINI WRAP (3M Code 90615)



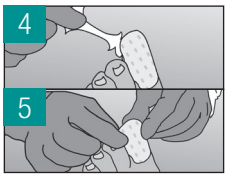
Hold the dressing by one of the side tabs and remove the printed liner to expose the adhesive border.



Grasp the paper tab on the top of the dressing and position the dressing over the wound.

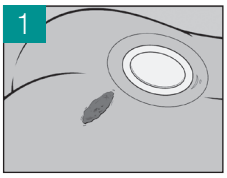


Gently press the adhesive border tabs to the skin, overlapping the tabs to conform to contours. Avoid stretching the adhesive tabs or skin during application.

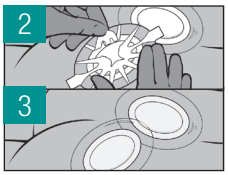


Remove the paper tab. Firmly press and conform the adhesive border to the skin.

SPECIALTY APPLICATIONS – OVERLAPPING DRESSINGS



Select dressings to adequately cover wounds. Apply the first dressing per steps 1– 4 in Dressing Application.



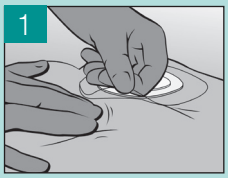
Overlap second dressing as needed to cover remaining wounds.

This method will avoid cutting.

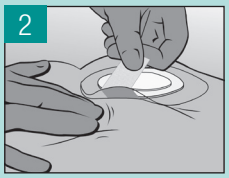
CONSIDERATIONS

- Observe the dressing frequently. As the dressing absorbs, exudate will wick to the top of the dressing and discoloration may be noticeable. When the exudate spreads to the edges of the dressing or the dressing begins to leak, a dressing change is indicated.
- 3M™ Tegaderm™ High Performance Foam Adhesive Dressing may be used as an absorbent cover dressing over wound fillers such as alginates or gauze packing.
- Dressing change frequency will depend on the type of wound, volume of exudate and clinical situation. Change at least every seven days or as indicated per treatment protocol.
- You may cut the dressing as needed to fit the size of the wound or accommodate wound contours. Seal the cut edge with 3M™ Tegaderm™ Transparent Dressing to provide waterproof barrier.

REMOVAL TECHNIQUE

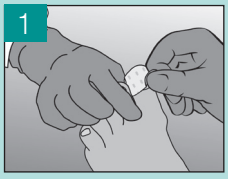


Gently lift the adhesive film border while pressing down on the skin.

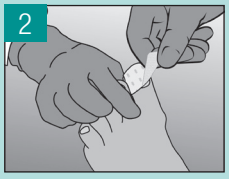


If there is difficulty lifting the film border, apply tape to the edge of the dressing and use the tape to lift

REMOVAL TECHNIQUE – MINI WRAP



Gently lift the adhesive film border while pressing down on the skin.



If there is difficulty lifting the film border, apply tape to the edge of the dressing and use the tape to lift.

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